FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*  MONDRAGON MANUEL						2. Issuer Name and Ticker or Trading Symbol SEALED AIR CORP/DE [ SEE ]									Check all ap	plicable) ctor		% Owner
(Last) (First) (Middle) C/O SEALED AIR CORPORATION 200 RIVERFRONT BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 03/10/2010									X Officer (give title Other (specify below)  Vice President				
(Street) ELMWC PARK (City)	N.		07407 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable le)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	le I - Nor	ı-Deriv	ative	Se	curitie	s Acc	quired,	Dis	osed o	f, or	Ben	efici	ally Own	ed		
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				action 2A. Deemed Execution Day/Year) (Month/Day/Y		n Date,	Transaction D Code (Instr. 5)			4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			nd Secu Bene	nount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t of Indirect		
									Code	v	Amount		(A) or (D)	Price	Trans	action(s) 3 and 4)		
Common Stock 03/10				0/2010				A		4,824	4	A	(1	.)	36,195			
Common Stock					2,971(2)		2,971 <sup>(2)</sup>	I	401(k)									
		Та	able II - D								sed of, onvertib				y Owned	I		,
1. Title of Derivative Security (Instr. 3)	titve Conversion or Exercise 3) Price of Derivative Security Price of Derivative Security Execution Date, if any (Month/Day/Year) Fixed Price of Derivative Security Execution Date, if any (Month/Day/Year) Security Price of Month/Day/Year) Price of Month/Day/Year)		Transa Code (	Instr.	ı of	rities ired r osed ) : 3, 4	Expiration (Month/D	Date Exercisable and expiration Date Month/Day/Year)  Date Expiration Date Expiration Exercisable Date			Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ect (Instr. 4)		

## Explanation of Responses:

- $1. \ Award\ made\ under\ the\ Stock\ Leverage\ Opportunity\ feature\ of\ the\ Sealed\ Air\ Corporation\ Annual\ Incentive\ Plan.$
- $2. \ Reflects \ unit/share \ adjustments \ to \ the \ reporting \ person's \ holdings \ under \ the \ Sealed \ Air \ Corporation \ 401(k) \ Plan, \ a \ tax \ conditioned \ plan.$

Manuel Mondragon 03/10/2010

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.